Australia’s Biggest
Free
Public Event
FAIR@SQUARE
2017
ETHICAL LIFESTYLE FESTIVAL
Saturday 2nd Dec 2017 • 11am-9pm
Federation Square • Melbourne

Program Guide
Fair Fashion of the Future • Fair Food Forager
Live Cooking Demonstrations • Sustainable
Lifestyle Tent • Live Entertainment

moralfairground.com.au
#fairatsquare
MESSAGE FROM THE LORD MAYOR OF MELBOURNE

Australia’s largest fair trade business festival returns to Fed Square this year, bigger and better than ever.

Fair@Square is a celebration of all things sustainable and ethical, bringing together extraordinary people with a passion for making positive changes.

This free, annual event is suitable for the whole family to enjoy: from delicious food and cooking demonstrations to live entertainment, fashion shows and much more.

There will be a great selection of Christmas gifts for sale at the ethical markets as well.

The City of Melbourne is proud to support Fair@Square 2017.

Enjoy the day.

Robert Doyle AC
Lord Mayor
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<tr>
<th>Time</th>
<th>Event</th>
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| 11am - 1pm | **WORKSHOP ‘CLOTHING REPAIR’**                 | Project Selvage, Shannon Threlfall  
Extend the life of your clothing by learning how to do basic repairs. Great life skills to have and no sewing experience necessary. |
| 12pm - 2pm | **WORKSHOP ‘UPCYCLED JEWELLERY MAKING’**       | Suzi, Moral Fairground Volunteer  
The ring making workshop encourages using unusable items to avoid wastage through recycling them into attractive and wearable items. Materials such as cut fabrics and paper are often discarded due to lack of usability but through the process of recycling, small sections and odd shapes of these materials are utilised instead. |
| 2pm - 4pm  | **TALK ‘BECOMING A ZERO WASTE HOUSEHOLD’**      | Minimal Waste Mum, Alicia Polman  
Stop by and chat with Minimal Waste Mum about ideas and tips on how to live an environmentally-friendly lifestyle and browse her samples of reusable and DIY products she uses to keep waste to a minimum in day-to-day life, even with two toddlers in the house! |
| 3pm - 5pm  | **TALK ‘CELLULAR SOUL’**                       | Alex Wilson  
Did you know our natural world holds all the tools we need to look after our bodies? I will take you through why it is so important to our environment to understand what goes into your personal care/cleaning products, their natural alternative, and empower yourselves to embrace nature’s gifts in your home and on your skin! |
| 4pm - 6pm  | **WORKSHOP ‘BEESWAX WRAP DEMO’**               | Zero Waste Victoria, Che  
Learn how to make beeswax wraps, a simple reusable solution to using gladwrap/clingwrap. Making your own wraps is simple and fun, plus they look and smell great! |
| 6pm - 8pm  | **WORKSHOP ‘PLASTIC BAG WEAVING TECHNIQUES’**   | Impatiently Patient, Lucia  
Do you have a pile of plastic bags at home? Give them a second chance and learn how to repurpose them into a variety of handy objects. You’ll learn how to turn plastic bags into yarn and you get your hands on some basic upcycling techniques. |
**FACILITATOR** *NEW MODE COLLECTIVE*  
New Mode Collective was founded by Acacia and Eve as a platform to promote conscious clothing. They advocate for clothing that empowers both the wearer and the manufacturers.

**EXHIBITOR** *FIBRE SHED MELBOURNE*  
Fibre shed are an organisation promoting local, closed loop textile systems. They have kindly lent us an array of locally grown, naturally dyed yarns for viewers to see and interact with.

**EXHIBITOR** *ABBY KEEP*  
Abby Keep is an emerging textile designer and avid hand-knitter. She is passionate about using her love of craft to positively impact the world. Viewers will have the opportunity to view her work, produced with locally hand-spun yarn.

**TALK** *WALK SEW GOOD*  
Walk Sew Good is the brainchild of Megan and Gabby. They spent 10 months hiking across Southeast Asia in search of sustainable fashion stories. These stories will be showcased through photography, video and artefact.

**EXHIBITOR** *BEDROOM THE LABEL*  
Bedroom the Label is a small-scale, local fashion label run by Grace Easton. Grace will showcase a single design at each different stage of its making: uncut fabric, pattern pieces, partly sewn and finished.

**EXHIBITOR** *A.BCH*  
The first Australian fashion label to publish 100% of its supply chain. One menswear and one womenswear garment will be showcased from A.BCH with accompanying information about each garment’s journey.

**EXHIBITOR** *SZN*  
SZN is a local designer who uses Zero Waste pattern making and up-cycling to create sustainable clothing ranges. SZN will showcase one Zero Waste outfit and one up-cycled outfit to demonstrate two options for creating sustainable clothing.

**ZINE** *NEW MODE MAG*  
New Mode Mag Issue 1 will expand on the content from the exhibition. It will discuss human rights and environmental abuses in the fashion industry, as well as the politics of personal style, how society views and values clothing, and clothing as creative expression.

**TALK** *TEXTILE EXCHANGE*  
A global not-for-profit that advocates for transparent textile supply chains and sustainable innovation in the textile industry. Check our notice board at the front of the marquee to see when you can hear one of their representatives speak about the local textile industry.

**DISCUSSION** *THE CHANGING FASHION LANDSCAPE*  
Facilitator: Acacia Armstrong with Fibre Shed, Susan Dougherty and Megan and Gabby from Walk Sew Good.

**ACTIVITY** *PAUSE, BREATHE, WEAVE*  
Join us in creating a communal tapestry throughout the day. Rest your legs in our comfy corner, add some yarn to the woven world map or read New Mode Mag over a cuppa. Seasoned weavers and crafters will be present to guide you and yarn with you all day long.
### Good Kitchen Cooking Tent

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| 11:30am - 12:30pm | **‘NATIF AUSTRALIAN NATIVE SUPERFOODS AND DUMU BALCONY CAFE’**  
How to use and ‘health benefits’ of Australian native foods with Julie Merlet. Native foods have shown superior health benefits over other common foods and supports Australian native food farmers and Indigenous harvesters around the country. |
| 12:30pm - 1:30pm | **‘INNERORIGIN’**  
Christmas treats they won’t suspect are healthy. Robyn Harris, an advocate for InnerOrigin will demonstrate 2 recipes which can replace your sugar laden Christmas treats. Robyn will explore the ingredients, where they come from and the nutritional value of making changes compared to common Christmas treats. Be inspired to change how you shop so you can provide simple, healthy options for your family while supporting local businesses and communities. |
| 1:30pm - 2:30pm | **‘SOCIAL FOOD PROJECT’**  
Join this interactive cooking workshop to hear Ben Mac’s 5 top tips for reducing your food waste at home. Participants will get to learn and taste two great recipes that help to use up leftovers. |
| 2:30pm - 3:30pm | **‘ANIMAL JUSTICE PARTY – The benefits of a plant based diet’**  
Choosing a plant based diet does not only greatly benefit your health and the environment, it is also one of the best things you can do to reduce harm to animals. Anjali Nambissan who featured on the SBS cooking show The Chefs Line will be cooking up a vegan Indian storm. Come along and learn how you can cook delicious authentic Indian cuisine while being kind to the planet and the animals. |
| 3:30pm - 4:30pm | **‘ANGELA’S KITCHEN COOKING SCHOOL’**  
Using seasonal fruit and vegetables, this demonstration will showcase easy and healthy Greek dishes. Including, zucchini fritters, roast eggplant with feta and grilled stone fruit with thick yoghurt. |
| 4:30pm - 5:30pm | **‘NATIF – AUSTRALIAN NATIVE SUPERFOODS’**  
‘How to use’ and ‘health benefits’ of Australian native foods with Julie Merlet. Native foods have shown superior health benefits over other common foods and supports Australian native food farmers and Indigenous harvesters around the country. |
| 5:30pm - 6:30pm | **‘INNERORIGIN’**  
Making Tasty Ethical sugar free chocolate. Learn how to make chocolate from scratch. |
| 6:30pm - 7:30pm | **‘SUSTAINABLE KIDS’**  
Come and enjoy a freshly made organic Papaya Salad and a detox drink from kids who understand that taking care of our planet and our bodies is the key to happiness. Watch as two local 13 year olds show us how easy being sustainable can be. |
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<tbody>
<tr>
<td>11am - 1pm</td>
<td>SWANSTON STREET</td>
<td>DAVY SIMONY</td>
<td>Davy is a folk roots musician, with French and Moroccan origins. He incorporates Jamaican style reggae into his looping, which he plays as a one-man band with foot percussion, guitar, vocals and live looping.</td>
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<tr>
<td>5:30pm - 7pm</td>
<td>SWANSTON STREET</td>
<td>SUPER MANDE PERCUSSION</td>
<td>Mady performs in a small group called “Super Mande Percussion” who will have you on your feet, moving to the beat of the African drums.</td>
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<td>7pm - 9pm</td>
<td>SWANSTON STREET</td>
<td>HIRO KITZ</td>
<td>Hiro Kitz, hails from Kobe, Japan. Hiro fuses blues, jazz, funk, classical and rock tunes, creating a unique sound. He has travelled the world busking, performing music influenced from the West and East.</td>
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<td>11pm - 2pm</td>
<td>RIVER TERRACE - INFO BOOTH</td>
<td>KATTY LIZ</td>
<td>Kid friendly with a mix of English and Spanish. Katy’s music is about accepting yourself and others for who you and they are. Katy’s dream is to inspire others to follow their dreams through music!</td>
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<td>3:30pm - 6pm</td>
<td>RIVER TERRACE - INFO BOOTH</td>
<td>RHYS CRIMMIN</td>
<td>Armed with Guitars, Didgeridoos, Harmonicas, Kazoos and Foot Percussion, Rhys Crimmin is a one man band. His unique style has been dubbed ‘Aussie Country Roots Folk Reggae and Dirty Foot Stompin Blues’.</td>
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<td>6pm - 9pm</td>
<td>RIVER TERRACE - INFO BOOTH</td>
<td>ED AND ABE’S MUSICAL FUN TIMES</td>
<td>Duo featuring trumpet and guitar, playing a mix of gypsy swing, klezmers, blues and latin styles, a very mixed bag.</td>
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<td>11pm - 2pm</td>
<td>RIVER TERRACE - FOOD AREA</td>
<td>MAL &amp; HARMONY</td>
<td>Mal and Harmony are a duet, consisting of a keyboard pianist and erhu. They perform popular Western and Eastern tunes and bring multiculturalism to a new level.</td>
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<td>3:30pm - 6pm</td>
<td>RIVER TERRACE - FOOD AREA</td>
<td>SIDE WALK TANGO</td>
<td>Performing traditional Tango Argentino. Audience participation and comedy routines creating a compelling entertainment.</td>
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<td>RIVER TERRACE - FOOD AREA</td>
<td>SILK ROAD BAND</td>
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Kid’s Corner

This space is for (but not limited to) all the little ones attending our event!

We hope that this space will provide the younger ones an opportunity to express themselves through art and share their thoughts or dreams on making this world a better place in their view.

While we also hope that for the wiser, this space would initiate small conversations with other like minded visitors at the festival or to be a space that they can come to for some time to reflect and wind down a little.

We look forward to seeing you at the tent and we hope you enjoy the experience with us!
The Fair Christmas e-catalogue is offering you the opportunity to be the ONE to make that difference by simply by opting to purchase a gift for the people you care from one of the listed enterprises here, you will be making a positive contribution to people and planet.
The art of gifting